

Lord's Supper

Holy Communion was established by our Savior for the forgiveness-assurance and faith-strengthening of His disciples and all believers.¹³ In the Lord's Supper, the true body and blood of Christ are received¹⁴ in faith by those who are spiritually prepared¹⁵ and agreed in what they believe.¹⁶

¹³ **Matthew 26:28**

For this is My blood of the new covenant, which is shed for many for the remission of sins.

¹⁴ **Mark 14:22-24**

And as they were eating, Jesus took bread, blessed and broke it, and gave it to them and said, "Take, eat; this is My body." Then He took the cup, and when He had given thanks He gave it to them, and they all drank from it. And He said to them, "This is My blood of the new covenant, which is shed for many."

and 1 Corinthians 10:16

The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?

¹⁵ **1 Corinthians 11:28**

But let a man examine himself, and so let him eat of the bread and drink of the cup.

¹⁶ **1 Corinthians 10:17**

*For we, though many, are one bread and one body; for we all partake of that one bread. and **Romans 16:17** Now I urge you, brethren, note those who cause divisions and offenses, contrary to the doctrine which you learned, and avoid them.*